

El Chaiyai

The God of my life

When Angry, Sin Not!

When angry, do not sin; do not ever let your wrath (your exasperation, your fury or indignation) last until the sun goes down. Leave no [such] room or foothold for the devil [give no opportunity to him]. ~ [Ephesians 4: 26-27](#)

Anger is a natural emotion we all have from time to time. Even the most placid amongst us feel anger at times. It's not exactly wrong to feel anger, after all Jesus displayed anger when he drove out the moneychangers. I believe it's all in how we handle our anger.

If we respond to people and situations in an explosion of angry words and gestures, ranting and raving, then that expression is obviously the wrong way - it's merely 'venting' the anger. When we do this, it's the people around us that get hurt the most.

How, then, do we deal with anger?

I'm still on the journey of discovering how to not react out of anger. One thing I believe God has spoken to me concerning this is the scripture in [Proverbs 15:1](#) "A soft answer turns away wrath, but grievous words stir up anger". It dawned on me one day, that if I respond in a 'gentle tone using gentle words', it will squash the anger inside. You see, when we 'vent' our anger it's never 'gentle'. It's often loud, blunt, and hurtful with words that we wouldn't normally use. Responding in this way set's a pattern for how we respond, when angry, in the future - and on it goes! This is why I believe we are not to let the sun go down while we're still angry.

By M.S.Lowndes (with permission)



Inspirational Verses

Ephesians 4: 31

Let all bitterness and indignation and wrath (passion, rage, bad temper) and resentment (anger, animosity) and quarreling (brawling, clamor, contention) and slander (evil-speaking, abusive or blasphemous language) be banished from you, with all malice (spite, ill will, or baseness of any kind).

John 3:16-18

For this is the way God loved the world: He gave his one and only Son, so that everyone who believes in him will not perish but have eternal life. For God did not send his Son into the world to condemn the world, but that the world should be saved through him. The one who believes in him is not condemned." (NET)

Professional Single's Sunday School

While we await the formation of our own Sunday school class, we invite professional single's to join us in **Room 2208 at 11:00 AM**. Brad and Lisa Hyde have graciously opened up their class to us. Please join us for fellowship, laughs, and most importantly studying God's word. We are currently in Chapter 10.



studying the Book of Mark and are

May 30, 2009; 5:00 PM

CASTING CROWNS



Concert Information

The tickets have been ordered and the bus has been reserved. **Tickets will be distributed May 17. We have 6 tickets available for purchase by anyone who wants to join us or needs more tickets. We must know by May 17 who is riding the bus to this event. The cost for the bus is \$5.00 per person.** If you take your own automobile you will be responsible for the parking fee; it is not covered in the ticket cost. contact: LaBecca @ becrt@aol.com

The bus leaves at 12:00 on May 30 and will make a stop for food. You're allowed to bring a small soft cooler into the stadium.

Upcoming Single Mingle Activities



May 15: Wii Game Night at Jessie Vrooman's Home
6:00 PM

Contact # 254-371-9635

May 24: Single's Mingle Lunch after Church
Little Italy 12:30PM



God's Light In The Darkness



Lord I call to thee
 In the darkness of the night
 In all my desperation
 I long, in thee, to hide
 Lord the way ahead
 Seems so awfully steep
 But I know your word, O Lord,
 Is a lamp unto my feet
 Give to me, O Lord,
 A light within the dark
 A hope for the future
 As you illuminate my path

© By M.S.Lowndes with permission

Single Mingle Host/ Hostess???

Would you like to host a Single's Mingle Activity? Some ideas are: **Movie Night, Putt-Putt, Bowling, Game Night...**

Please fill out this form and return it to the church office or email LaBecca at becrt@aol.com.

Name: _____

Contact Information:

Phone: _____

Email: _____

Address: _____

May

2009

Memorial Baptist Single's

See you there!!!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
		Visitation 6:00 PM Love and Compassion Ministry 6:30-8:30	Children's Choir 5:50 Bible Study 6:00 Tribes 6:00 Choir Practice 7:15		Small Group 6:30-8:30 Leader:Mike Apadaca Contact#: 254-702-7636	Men's Bible Study 7:00 AM
10	11	12	13	14	15	16
		Visitation 6:00 PM Love and Compassion Ministry 6:30-8:30	Children's Choir 5:50 Bible Study 6:00 Tribes 6:00 Choir Practice 7:15		Small Group 6:30-8:30 Single Mingle: Wii Night 6:00 PM	
17	18	19	20	21	22	23
Get Casting Crown Tickets from LaBecca Last day to sign and pay for the bus		Visitation 6:00 PM Love and Compassion Ministry 6:30-8:30	Children's Choir 5:50 Bible Study 6:00 Tribes 6:00 Choir Practice 7:15		Small Group 6:30-8:30	Men's Bible Study 7:00 AM
24	25	26	27	28	29	30
Single Mingle: Lunch @ Little Italy 12:30 PM		Visitation 6:00 PM Love and Compassion Ministry 6:30-8:30	Bible Study 6:00 Tribes 6:00 Choir Practice 7:15		Small Group 6:30-8:30	Single Mingle:Ranger Game/ Casting Crowns Concert 5:00; Bus leaves @ 12:00
31						

Memorial Baptist Church
4001 Trimmier Road
Killeen, Tx 76542
Phone: 254-634-6882
Fax: 254-634-2030
Email: memorial@membc.org

RETURN TO SENDER

MEMORIAL BAPTIST CHURCH SINGLES

ISSUE 5 2009

Sunday Morning

8:00 AM Sunday School
8:15 AM Church-wide prayer
9:30 AM **Praise and Worship Service**
9:30 AM Sunday School (Adults and Children)
9:30 AM Middle School Sunday School (MAC)/High School in Praise and Worship Service
11:00 AM Praise and Worship Service
10:45 AM **Sunday School (Rm 2208)**
10:45 AM Children's Church
10:45 AM High School Sunday School (MAC)/Middle School in Praise and Worship Service

Sunday Evening

4:30 PM Discipleship Training
5:45 PM AWANA (Children's Discipleship)
5:15 PM Adult Choir Practice
5:30 PM **Discipleship Training**
6:00 PM **Praise and Worship Service**

Monday Evening

6:00 PM **Memorial Bible Institute**

Tuesday Evening

9:30 AM Shut-in Visitation
6:30 PM **Church Visitation**

Wednesday Evening

9:00 AM Ladies Bible Study
5:50 PM Children's Choir (Sept-May)
5:50 PM Kid's Club Bible Study (May-Sept)
5:45 PM Teacher's Meeting
6:00 PM **Praise and Worship Service**
6:00 PM Youth Fusion (6th - 8th Grade)
6:00 PM Home Bible Study (9th - 12th Grade)
7:15 PM **Adult Choir Rehearsal**

****Single's Plug-In****